# TOXIN ACADEMY TRAINING & MASTERCLASS PROGRAM



Course Director: Dr. Serdar Koçer Venue: Department of Anatomy University of Fribourg, Switzerland



We limit the number of registrations to guarantee a ratio of anatomical preparation, ultrasound and supervisor of 1 for 4 to 6 participants.

Priority will be given to the first registrants.

Some of our training courses benefit from European CME credits or credits from the Swiss Society of Neurology and Swiss Society of PMR.

Please enquire if you require training credits.

For more information you can check our website

www.toxinacademy.com

or scan the QR code

Accesible by direct train from Zürich and Geneva airports and with change from Basel - Mulhouse Airport in 1h30 minutes

#### **Contact**

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### **Learning Objectives**

Assessment of Spastic Patient
Spastic Movement Patterns and Muscles Involved in These Patterns
Review the Anatomy of Upper Limb - Lower Limb (Muscles and Nerves)
Botulinum Toxin Injection Techniques and Ultrasound Guided Injections
Basics of Dynamic EMG
Motor Nerve Blocs under Ultrasound Guidance

#### **Suitable For**

Rehabilitation Specialist, Physiotherapist, Orthopedic Surgeons, Neurologist, Pediatric Neurologist, Neurosurgeon

## **Program**

Online Session: Assessment of Spastic Patient 1h30
Anatomy Course (Wet Lab), Muscle and Nerves of The Upper and Lower Limb 1h00
Upper Limb Spasticity: Patterns and Injection Techniques Hands-On Training 3h00
Upper Limb Spasticity Motor Nerve Blocks Hands-On Training 2h00
Lower Limb Spasticity: Patterns and Injection Techniques, Hands-On Training 3h00
Upper Limb Spasticity Motor Nerve Blocks Hands-On Training 2h00
Associated Treatments: Surgery, Orthoses, Rehabilitation 1h30







# ULTRASOUND GUIDED BOTULINUM TOXIN TREATMENT IN DYSTONIA AND SPASTICITY (2 DAYS TRAINING)

#### Learning objectives

Assessment of spastic patient, clinical decision making in the spasticity management

Target mucles selection in spasticity

Cervical dystonia, semiology and patterns

Anatomy of head and neck.

Anatomy of upper extremity

Anatomy of lower extremity

Ultrasound guided Botulinum Toxin injection technique

#### Suitable for

Rehabilitation Specialist, Physiotherapist, Orthopedic Surgeons, Neurologist, Pediatric Neurologist, Neurosurgeon

#### **Program**

Head and Neck Anatomy 1h

Cervical Dystonia, Facial and Oro Mandibular Dystonia: Assessment, Patterns and Injections 1h

Hands on Training on Cadaver 2h

Upper Limb Anatomy 45min

Upper Limb Spasticity Patterns, 45min

Upper Limb Injections, Hands on Training 2h30min

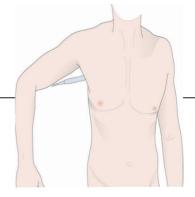
Lower Limb Anatomy 45min

Lower Limb Spasticity Patterns, 45min

Lower Limb Injections, Hands on Training 2h30min

Conclusion 30min









The Toxin Academy MasterClass aims to bring together once a year (early July) clinicians involved in the therapeutic management of spastic or dystonic patients to exchange knowledge and provide access to special anatomical preparations to improve our skills.

#### **Topics**

- Adult Upper Limb Spasticity
- Adult Lower Limb Spasticity
- Spasticity in Cerebral Palsy
- Cervical Dystonia
- Focal Limb Dystonia
- Blepharospasm, Facial Hemispasm
- Oro mandibular Dystonia and Tremor
- Chronic Sialorrhea
- Overactive Bladder
- Migraine

#### **Workshops**

- Anatomy of Head and Neck
- Anatomy of Upper and Lower Limb
- Head and Neck Ultrasound Guided Injections
- Upper Limb Ultrasound Guided Injections
- Lower Limb Ultrasound Guided Injections
- Spastic Patient Assessment and Clinical Decision Making
- Dystonic Patient Assessment and Clinical Decision Making
- Motor Nerve Blocks
- Surgical Treatment in the Spasticity
- Rehabilitation and Self Rehabilitation
- Chronic Migraine and BT-A Indications and Injection Technique
- Overactive Bladder and Treatment with BT-A Injections
- Deep Brain Stimulation and Focused Ultrasound Surgery in Dystonia



